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## Olisands corp. firms \$8.8M deal

**ENERGY** Alberta Oilsands Inc. has arranged a \$8.8-million bought-deal financing to fund its ongoing capital program and exploration expenditures.

A syndicate of underwriters led by Canaccord Capital Corp. will buy 7.5 million units at a price of 40 cents per unit and 12.8 million common shares on a flow-through basis at 45 cents per share.

Flow-through shares will entitle the holder to federal tax credits that the company earns through its development work.

The company's shares closed at 38 cents yesterday.

THE CANADIAN PRESS

## News on the Move

What's this barcode for?

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## Relating pg 10



Playing dress-up can be sexy

## SmallBusiness

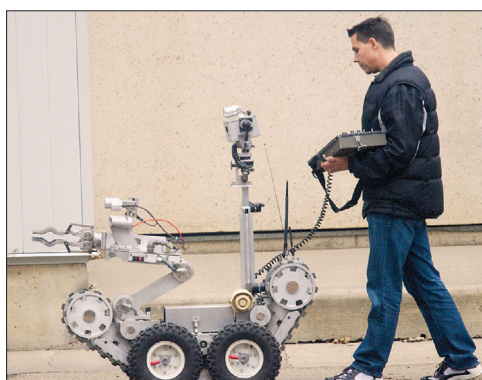
Metro's series on Small Business Week will explore current issues affecting small businesses as well as profile successful small business owners. See page 12 for more.



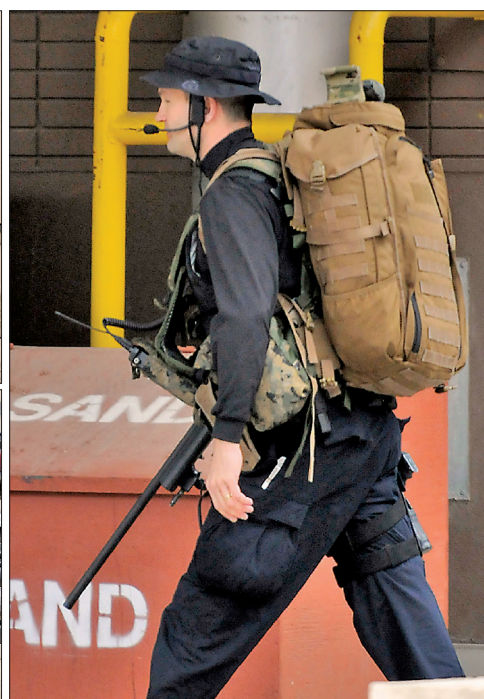
On the web Visit [metronews.ca](http://metronews.ca) for news updates

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Top left, a police tactical squad officer prepares a robot near the Workers' Compensation Board building yesterday. Bottom left, people are evacuated from building. Right, a tactical squad officer patrols the area. Police were dealing yesterday with an armed man who was holding several hostages at the building near the Alberta legislature. The man surrendered peacefully to police after an all-day standoff. No one was hurt or killed.



# Peaceful resolution

## Man surrenders to police after all-day standoff

ANDREAS MORSE  
for Metro Edmonton



### Frustration

His friend Don Bellerose said the man sent a text message to one of the nurses at the facility where he was staying, saying he was going to settle a score with the WCB yesterday morning, but nobody suspected it would go so far. The man

had been injured on the job — he worked in the concrete industry — but had been cut off benefits. Bellerose said stress piled upon stress, leading him to threaten to jump off a bridge into the North Saskatchewan River.

**Several blocks in downtown Edmonton were cordoned off yesterday as police dealt with a hostage taking at the Workers' Compensation Board building on 107 Street and 99 Avenue.**

A daylong hostage-taking that started with hundreds of office workers fleeing a disgruntled gunman ended peacefully yesterday evening with no injuries.

About 10 hours after the drama began, Edmonton

police spokesman Dean Parthenis announced the armed man had surrendered without incident.

One witness, a WCB employee who didn't want her name used, saw a white man with a suntan carrying

a large gun into the building at about 8:45 a.m.

"He motioned to all of us and said, 'All these girls over here now,'" the witness said. "We didn't, we just dropped down and crawled out to the back hallway,

which was secure."

Shortly after the gunman entered the building, the witness said, she heard a loud bang. "I did hear a shot about 30 seconds to a minute after he walked into the building," she said. "I heard a shot go off. We think he shot upward into the ceiling."

Insp. Terry Rocchio described the man in custody as a disgruntled WCB client. Police negotiators convinced the man to let the eight hostages go one by one throughout the day.

WITH FILES FROM  
THE CANADIAN PRESS

## Vaccine to hit Alberta next week

**HEALTH** Canada's largest-ever immunization campaign is ready to go now that the federal government has approved the swine-flu vaccine.

Health Minister Leona Aglukkaq announced yesterday the vaccine has been approved for use in Canada, allowing provinces and territories to proceed with H1N1 flu shots as soon as possible.

"We now have a safe and effective vaccine being distributed to provinces and territories that they will be rolling out in a matter of days," Aglukkaq told a news conference.

Alberta will begin offering the H1N1 vaccine to all residents for free starting Monday.

The province says high-risk populations are urged to get the immunization as soon as possible.

But there will be no screening at the door to make sure high-risk people are vaccinated before healthy people.

Canada has so far received two million doses of the vaccine, from a total of 50 million ordered from the supplier.

Alberta is expecting to have 400,000 doses on hand by Monday.

Dr. Gerry Predy, senior medical officer of health for Alberta Health Services, says the province expects enough vaccine in the following days to start vaccinations for everyone in the province at the same time.

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# Local



## Slean taking stage at Festival Place

Festival Place is thrilled to present Art of Time Ensemble's Toronto Songbook featuring Sarah Slean, left, on Oct. 29 at 7:30 p.m. Festival Place is at 100 Festival Way in Sherwood Park. Tickets are available at the Festival Place Box Office, 780-449-3378, festivalplace.ab.ca or Ticketmaster.

METRO EDMONTON



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## Overhead walkway to mall now open

**SOUTHGATE** Crossing 111 Street to the Southgate Centre Mall just got a lot safer as the new overhead pedestrian walkway was officially opened for business today.

Pedestrians can use the pedways at Southgate and Century Park, once they open in November, to connect to LRT and bus stations, as well as the adjacent neighbourhoods of Malmo Plains and Blue Quill.

METRO EDMONTON



**Video** Preparations begin for the start of the Olympic torch relay in Greece at metronews.ca/canada

### Lotteries

Lotto 6/49: 2, 11, 29, 32, 48 & 49 Bonus 34  
These results are not official.

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## Man admits he shot Mountie

But accused denies intent to kill, tries to plead manslaughter

**An Edmonton man charged in the shooting death of a Mountie in the Northwest Territories two years ago has admitted he killed the popular officer.**

But Emrah Bulatci's lawyer says her client didn't mean to cause the death of Const. Chris Worden in Hay River.

Twenty-five-year-old Bulatci got up in court at the start of his first-degree murder trial in Yellowknife yesterday and

tried to plead guilty to manslaughter.

Worden was shot four times in October 2007 in a wooded area next to an apartment building near where Bulatci was dealing drugs. Court heard the second two shots killed the RCMP officer.

Defence lawyer Laura Stevens acknowledged in her opening arguments that Bulatci's first two shots from an illegal gun he had were deliberate,

but said the second two were accidental.

The Crown outlined its case as well, rejecting Bulatci's plea and saying it will argue that he fully intended to kill Worden or was so reckless in his use of the gun that he as good as knew he was likely to kill the officer.

The prosecutor also pointed out Worden was driving a marked car and wearing his uniform. He never fired his gun, which

was still in his holster.

Stevens told the jury that there was no doubt Bulatci was a shady character. She said he was in Hay River, on the south shore of Great Slave Lake, to deal drugs.

Worden's widow wept silently as she listened to the defence lawyer describe her husband as a good man and a police officer whose death in the line of duty was a tragedy.

THE CANADIAN PRESS

## Jailbirds raise thousands for cancer society

CANDICE WARD  
for Metro Edmonton

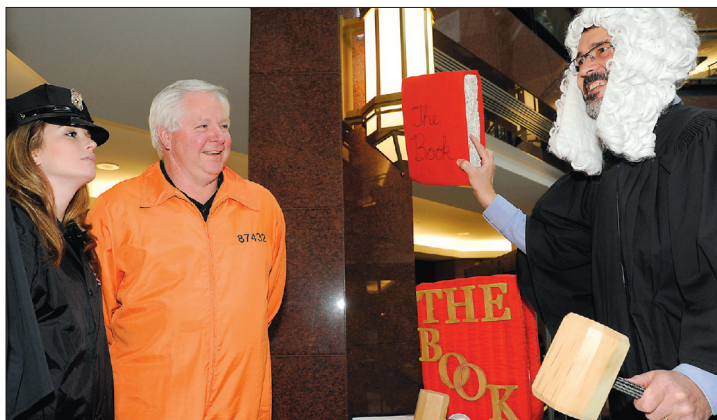
**BAIL.** Some daydream about seeing their bosses or co-workers being taken away in handcuffs, and yesterday, the dream may have come true.

The 20th annual Canadian Cancer Society Jail-N-Bail took 33 of Edmonton's upstanding citizens down to the mock jail at Commerce Place and placed them in front of the "judge" to raise money for a worthy cause.

"(The jailbirds) are happy to be here because it is for a good cause," said Christy Parker, manager of campaigns and events for the Canadian Cancer Society.

These jailbirds are given a phone and computers in order to contact co-workers, friends and family to raise "bail," with donations going towards the Canadian Cancer Society.

Once bail has been



Jailbird John Allan, security manager with Northlands, is remanded by arresting officer Honor Bastianelli and is sentenced by mock-judge Ross Cunningham at the 20th annual Canadian Cancer Society Jail-N-Bail yesterday at Commerce Place.

made, prisoners may return to work.

"People are pretty happy to stay in for a while, actually," said Parker.

For Mike Wieninger, operations manager with PCL Construction, one of the Jail-N-Bail's major sponsors,

it was a bit of an ironic morning.

"We actually built the jail that I am now housed in," said Wieninger.

Wieninger was charged with not being an Edmonton Oilers fan by his co-workers and his bail was

set at \$3,000.

"Retribution will be ever so enjoyable," said Wieninger, warning those who put him behind bars.

By the end of the day, these jailbirds raised about \$55,000 for the Canadian Cancer Society.

## Diapers in demand for young moms

**DONATE** Any spare boxes of diapers kicking around the house that could benefit needy young moms?

If so, you could help out the Terra Centre for pregnant and parenting teens with their initiative called Baby Heroes, which is set to wrap up this weekend at West Edmonton Mall.

"A baby can go through up to 200 diapers a month," said campaign spokesman Marcus Gurske. "Our goal is no child in Edmonton will have a bare behind."

Gurske said the group was hoping for 3,500 to 5,000 boxes of diapers, and that every day counts as the three-week event draws to a close this Sunday.

To drop off some diapers for needy young moms, head to West Edmonton Mall Phase One and look for signage for the diaper drive around the Centre Fountain.

HARRY HODGE/METRO EDMONTON

## Edmonton tweets

- @canadian I don't know why people keep holding hostage situations. Haven't they ever watched any cop movie? How are they expecting to win?
- @prairiepaperie Hostage situation downtown...my thoughts...Keep Alberta Hospital OPEN.
- @whoism amazing how many peoples prayers show up during events like the #hostage thing in #yeg ...

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The relative abundance of H1N1 vaccine in Canada is attracting jealous looks from south of the border, where health officials face a shortage of shots. United States Sen. Joe Lieberman (D-Conn.) says the shortage is a result, in part, of countries such as Canada choosing to make their own populations a priority. **THE CANADIAN PRESS**

# Canada



## Loonie volatility worrisome: Flaherty

Finance Minister Jim Flaherty says he's worried about the volatility of the Canadian dollar but does not see it as a sufficient threat to his policy of not raising taxes. The finance minister said yesterday he agreed with Bank of Canada governor Mark Carney's views and approach in dealing with the surging loonie. On Tuesday, Carney said the dollar was harming the economy and hinted strongly that he was prepared to keep the bank's policy interest rate at the historic low of 0.25 per cent until at least next summer. **THE CANADIAN PRESS**

### News in brief

**TRADE** The United States has no immediate plans to reopen NAFTA but may look at side deals related to labour and the environment, America's new ambassador to Canada affirmed yesterday. David Jacobson told a business audience that President Barack Obama was a "strong believer" in free trade. He added, however, that his country may look at "side letters" related to labour and the environment, and that he expects such agreements would benefit all three countries.

**DIPLOMACY** Jawed Ludin, Afghanistan's ambassador to Canada is accusing the media of "unwarranted pessimism" about his country's planned run-off election and he's chastising the diplomatic community in Kabul for a "condescending attitude" toward the fledgling democracy. No country, he says, runs fault-free elections.

**THE CANADIAN PRESS**

### Ottawa Pensioners rally



Nortel pensioners take part in a Nortel pensioners rally as they are joined by about 4,000 supporters on Parliament Hill yesterday. The rally was to highlight the impact of the once-technology giant's bankruptcy and selloff on the company's pensioners, terminated and disabled employees.

## Dispute rages over torture of Canadians

Government hedges at making portions of report public

**A dispute rages over secret portions of an inquiry report on the overseas torture of three Canadians one year after release of the document, which criticizes the actions of security agencies.**

Federal and commission lawyers are still squabbling about portions of the 544-page report the government balked at making public, citing national security concerns.

In his report released one year ago yesterday, former Supreme Court justice Frank Iacobucci found Canadian officials contributed to the torture of Abdullah Almalki, Ahmad

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well.

Iacobucci produced two editions of his report: one confidential version for government eyes only, and a second that was released publicly.

But a small portion of the public report — Iacobucci says it amounts to a page or two — was held back because the government argued it could compromise security.

The public version makes it clear the material under wraps would shed new light on actions by Canadian officials that likely contributed to the torture of El Maati in Egypt. **THE CANADIAN PRESS**

El Maati and Muayyed Nureddin by sharing information — including unsecured accounts — with foreign agencies.

The three men, all of whom deny involvement in terrorism, were abused in grave-like Syrian prison cells. El Maati was tortured by Egyptian captors as

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**Woman charged with killing children attempted suicide**

A Quebec woman charged with killing her three children tried to commit suicide earlier this year while awaiting her trial.

Superior Court Justice Jean-Claude Beaulieu lifted a publication ban yesterday on news of Cathie Gauthier's suicide bid last May. **THE CANADIAN PRESS**

# 'Probe mob' furor explodes in Quebec

**Pressure is mounting on the Quebec government to call a public inquiry into ties between politicians, construction companies and organized crime.**

Opposition parties tabled a motion in the provincial legislature yesterday demanding a probe.

The furor follows incendiary reports of the Italian

Mafia and construction companies colluding to drive up the price tag on public-works projects.

Premier Jean Charest fended off accusations from his opponents who demanded to know why he'd resist such a demand.

"Why are you in politics?" opposition leader Pauline Marois asked him.

**"Why are you in politics?"**

Pauline Marois asks Jean Charest

"Why is the premier in politics? To serve his own interests or to serve the people of Quebec?"

Charest shot back that

Marois was lowering the level of debate. He said he'd let the police investigate before making any decisions about a probe.

"There are investigations — and I'm using the plural here — that have been going on for quite some time," Charest replied. "We need to give police the chance to do their job."

John Gomery — who led the historic inquiry into the federal sponsorship scandal — was front and centre on Quebec's television news networks also demanding a probe.

He dismissed Charest's statements as the classic politician's response to a corruption scandal.

**THE CANADIAN PRESS**

## News in brief

**ETHICS** Tory Senator Leo Housakos, embroiled in an ethics controversy over a stimulus contract, is accusing one of his own caucus members of trying to trip him up. Housakos blamed his troubles on "somebody in my own caucus," and said, "I'm going to take care of him soon," a newspaper reports. The accusation was greeted with amusement by other members. **THE CANADIAN PRESS**

## Stand by, folks, for a fragile recovery, says upbeat Harper

**ECONOMY** Prime Minister Stephen Harper trumpeted his economic strategy during an address to the Canadian Chamber of Commerce, saying the country is headed for a fragile recovery.

Harper says he's optimistic but not overconfident about the recovery, since Canada's situation is in part dependent on the United States.

For the immediate future, Harper says, the focus has to continue to be about stimulating the economy.

The prime minister also says he has no regrets about posting deficits, arguing it was the best move under the circumstances.

Some of the measures that led to the deficit, he says, have allowed the government to lay the groundwork for future growth.

Harper was taking part in a question-and-answer session at an economic conference in Toronto put on by the Canadian Chamber of Commerce.

**THE CANADIAN PRESS**

## World-beater Margaret dies — aged 113

**CENTENARIAN** Margaret Fitzgerald, a New Brunswick woman described by her family as the oldest known person in Canada, has died at the age of 113.

Fitzgerald, who had celebrated her birthday last month, died of natural causes at the Villa du Repas nursing home in Moncton.

According to Guinness World Records, she was believed to be among the 15 oldest people on Earth.

Her nephew, Reg King, said he remembers her as a hard worker who often thought about her days on a farm in Tankville, north of Moncton.

**THE CANADIAN PRESS**

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PEOPLE POWERED

Thousands of Olympic relay torches are quietly being hand-assembled in a secret location, somewhere in the Greater Montreal area. Those Olympic torches for the Vancouver Games are being put together by employees of aerospace giant Bombardier at an undisclosed facility owned by the company. **THE CANADIAN PRESS**

### News in brief

**COPYRIGHT** The new U.S. ambassador won't apologize for his country's decision to scold Canada for its lax copyright laws by placing it on a priority watch list. David Jacobson says Canada may be America's closest friend and neighbour, but that shouldn't exempt it from respecting copyright laws that protect artists, entertainers, authors and software developers. Jacobson made the comments at a Montreal conference on Canada-U.S. relations. **THE CANADIAN PRESS**

## Nurse didn't consider doctor's note an order

**TASER INQUIRY** The nurse who admitted a man to a Nova Scotia jail where he later died knew about a doctor's note requiring the inmate to receive a psychiatric exam, but the nurse told an inquiry yesterday she didn't consider it an official physician's order.

Sandra McLeod was the nurse in charge at the Central Nova Scotia Correctional Facility when Howard Hyde — under arrest for an alleged assault

— was dropped off there by deputy sheriffs on Nov. 21, 2007.

Hyde, a 45-year-old musician with a long history of mental illness and run-ins with the law, died the next morning as he struggled with guards, yelling there were "demons" in the jail.

McLeod told the inquiry she knew Hyde had not refilled his prescription for an anti-psychotic drug for about four months,

and that he had been Tasered by police after his arrest and later sent to a hospital for treatment.

As well, McLeod confirmed she had read a handwritten note on Hyde's health information transfer form, written by Dr. Janet MacIntyre, that said he had to be returned to hospital if he did not receive a court-ordered psychiatric assessment.

**THE CANADIAN PRESS**



Earl Shadbolt displays a leash and dog cushion awaiting his pet in his Eastern Passage, N.S., home last week. Shadbolt is waging a legal fight to get his dog, Willie, back.

## Fight over dog goes to court

**Earl Shadbolt never imagined he'd be battling in small-claims court for possession of his beloved pooch Willie, but with a former friend threatening to auction the terrier off, legal action was his final option.**

The 75-year-old retiree left the alert cross-breed with Laura Naugler, who he'd come to know at a Baptist Church they both attend, after a fire in April damaged his home near the mouth of Halifax Harbour.

Naugler declined to return the dog in August after repairs were completed to Shadbolt's home.

Shadbolt said Naugler later told him she expected to be paid for keeping Willie at her home.

"I made her an offer and she didn't accept it," he said yesterday, adding he will not discuss figures.

"I've exhausted every other avenue to try and get the dog back, and I was just about to give up and somebody mentioned the cheapest route is to go to small-claims court."

He said he got a lawyer after a notice appeared last week saying the dog would be auctioned off by Naugler under provisions

### Support

- The case has become a cause celebre among pet owners, who have signed up by the hundreds for the Facebook advocacy group "Give Ernest Shadbolt his dog back!" Newspapers have been deluged with impassioned letters to the editor from dog lovers and animal rights advocates speaking in Shadbolt's favour.

of the province's Warehousemen's Lien Act — a law more often used by garage owners who sell cars if repair bills aren't paid.

Shadbolt said that shocked him into realizing he might never see Willie again.

"Everyone loves him around here," he said. "The kids in the neighbourhood love him and we want him back."

Earlier this week, Shadbolt's lawyer, Ritchie Wheeler, said he was hoping for a negotiated out-of-court settlement with Naugler. Yesterday, though, Wheeler said "we're gearing up and preparing to proceed with the litigation, which is scheduled for Nov. 10."

**THE CANADIAN PRESS**

## Bloc stops prisoner investigation

**TALIBAN** The Bloc Quebecois has blocked a proposed wide-ranging investigation by MPs into the handling of Taliban prisoners by Canadian soldiers, but says questions about possible torture will be pursued on another front.

Liberal defence critic Ujjal Dosanjh tabled a motion before the Commons defence committee to probe allegations that captured fighters were handed over to known tortur-

ers in the Afghan prison system.

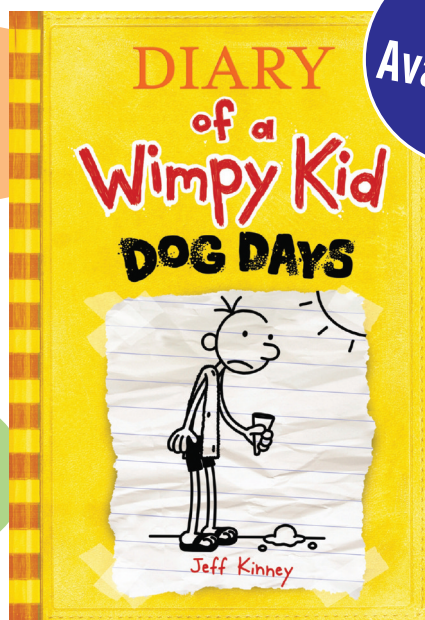
The committee met behind closed doors Tuesday, but a Twitter posting by Dosanjh said separatist MPs halted the motion, which needed the support of all opposition parties to succeed.

At issue is whether the Tory government ignored or covered up reports early in the mission that apparently warned of prisoners being tortured in Afghan jails.

**THE CANADIAN PRESS**

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**U.S. to force executive pay cuts for bailout companies: Source**

The Obama administration plans to order companies that received huge U.S. government bailouts last year to sharply cut the compensation of their highest paid executives. **THE ASSOCIATED PRESS**

7

# World

## Hoax exposes pitfalls of instant journalism

**You attend a press conference. The newsmaker speaks. You run a DNA test to confirm they are who they claim to be. Then you publish.**

An absurd notion, but only marginally more absurd than the high comedy that played out at Washington's National Press Club Monday, when the U.S. Chamber of Commerce made big news that wasn't.

Already in the news for its hard-lobbying opposition to U.S. climate-change legislation, the pro-business Chamber dropped reporters' jaws with what appeared to be a turning-point announcement — the organization now accepts that "without a stable climate, there will be no business."

The dramatic reversal was conveyed instantly, led by Reuters. Minutes later it was picked up by the New York Times and Washington Post websites.

But by the time Fox

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jumped in, the real U.S. Chamber of Commerce burst into the news conference, together with red-faced representatives of the National Press Club, to debunk the proceedings as a hoax. Reporters' heads swung from the possible interlopers at the podium to the possible interlopers who were calling them out — who was legitimate? For a few minutes both sides stood their ground.

Finally, the ruse was revealed — the man purportedly speaking on behalf of America's largest business lobby was in fact Andy Bichlbaum of the anti-cor-

porate pranksters known as the Yes Men. The real Chamber is angry and the Press Club is embarrassed at how easily the acceptance of a \$500 room rental fee exposed a major vulnerability to guerrilla-style activism. The media got a cardinal lesson in the dangers of the tweet-first-ask-questions-later of modern news. "This really brings home the reality that in the 24-hour news cycle you've got to be suspicious of just about everything until you can confirm it," said media expert Robert Thompson at Syracuse University.

Coming less than a week after the Balloon Boy saga devolved from real-life fairy tale to actual fairy tale, Thompson and others observe that the Press Club saga has played out differently. Unlike the Colorado family that now is hiding from reporters, the Yes Men are revelling in the aftermath. **TORSTAR NEWS SERVICE**

### India Ladies only



Indian women travel in a Ladies Special train near Calcutta yesterday. Eight women-only trains were introduced in four cities recently aiming at providing safety to working women in a country where violence against women has been on the rise.

### Women's carriage hit as trains collide

**INDIA** A passenger train crashed into another train's rear carriage reserved for women and disabled passengers, killing 22 people and injuring 16 who remained trapped for hours yesterday near the Taj Mahal in India, police said. Rescuers recovered 19 bodies during a rescue operation that lasted nearly seven hours, said Rajesh Dikshit, a police spokesman. **THE ASSOCIATED PRESS**

## Tea, lamb and arm-twisting for Karzai

**ELECTION** Afghan President Hamid Karzai needed high-level American arm-twisting over several tense days — and meals that included "gallons of tea" and endless platters of lamb — before he finally agreed to a run-off vote in the country's fraud-plagued presidential election. A senior U.S. official briefed on the meetings by Sen. John Kerry gave The Associated Press details of the negotiations with Karzai.

The talks lasted late into

### Share the power?

• The U.S. would be receptive to a power-sharing arrangement between Afghan President Hamid Karzai and his election challenger if they

agreed to it, Obama administration officials said yesterday. Karzai and former foreign minister Abdullah Abdullah have settled on a Nov. 7 runoff.

several nights, continued through endless meals and went on for hours each day. During an extended stroll, the official said, Kerry opened up to Karzai, telling him about his own

difficult decision not to challenge the vote count in Ohio on election night in 2004, when there were allegations of voting irregularities in favour of George W. Bush. **THE ASSOCIATED PRESS**

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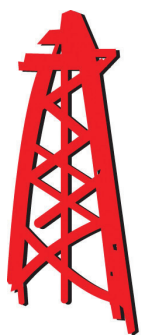
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**Global pirate attacks surge**

Pirate attacks worldwide in the first nine months of 2009 exceeded all of last year's total, an international maritime watchdog said yesterday. **THE ASSOCIATED PRESS**

## Fossil Ida not even a monkey's uncle

**EVOLUTION** Remember Ida, the fossil discovery announced last May with its own book and TV documentary? A publicity blitz called it "the link" that would reveal the earliest evolutionary roots of monkeys and humans. Experts protested that Ida wasn't even a close relative.

And now a new analysis supports their reaction. Scientists compared 360 specific anatomical features of 117 living and extinct primate species to draw up a family tree. They report the results in today's issue of the journal *Nature*. Ida is a skeleton of a 47 million-year-old cat-sized creature found in Germany. It confirms what most scientists think, said David Begun, a paleoanthropologist at the University of Toronto. **THE ASSOCIATED PRESS**

## Hostages in store siege released

**FRANCE** Armed assailants stormed a supermarket outside Paris before it opened yesterday and held six hostages for several hours before the standoff was resolved peacefully. All six were later released unharmed, apparently after successful police negotiations, he said. A police official said that suspects demanded money from the store's safe and cash registers and also threatened the hostages. Two suspects turned themselves in and were taken into custody.

**THE ASSOCIATED PRESS**

## Woman recounts torture story

**U.S.** Megan Williams' accusations initially strained the imagination: Seven white people beat her with sticks, forced her to eat feces, raped her and taunted her with racial slurs over several days in a trailer in West Virginia. Now Williams, who is black, is taking it all back. Williams lied in 2007 because she wanted to get back at a boyfriend who had beaten her, her attorney, Byron L. Potts, said yesterday. Seven white men and women were convicted in the case.

**THE ASSOCIATED PRESS**

**On the web**   
 • Alan Sailer is a double shooter: Blasting objects with a gun while photographing the moment. Interview and photos at [metronews.ca/world](http://metronews.ca/world)

# All a-Twitter about the Berlin wall

**The Berlin Wall is gone, but people can still tag their memories on it online.**

The Berlin Twitter Wall, which went online Tuesday, encourages people to share their memories of the wall's collapse and hopes for the future on a scrolling

wall using Twitter, the social networking site.

By yesterday, there were more than 100 comments in Spanish, English, German and French. Some said they were too young to remember the fall of the Berlin Wall on Nov. 9, 1989. East Germany began con-

struction of the barrier Aug. 13, 1961, in an attempt to stop the dramatic flight of people to the West.

The website [berlintwitterwall.com](http://berlintwitterwall.com) scrolls messages along a backdrop of the East Side Gallery, a famous stretch of the wall still standing and painted with

murals. Visitors can also see pictures of the Domino Wall, about 1,000 pieces of 2.5-metre-tall styrofoam painted with messages of peace by students, celebrities and politicians. The Domino Wall will snake nearly two kilometres along the old wall line and

be toppled at celebrations Nov. 9.

The online wall is part of events organized by Berlin to help mark the anniversary of the event that paved the way for a reunited Germany and Europe, and an end to the Cold War.

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# Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONews.CA

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## Comment

### Check your inhibitions

#### Relating

**Sofi Papamarko**

metronews.ca/papamarko

In the movie *Mean Girls*, Lindsay Lohan's character Cady sagely observes, "Halloween is the one night a year when girls can dress like a total slut and no other girls can say anything about it." Dressing provocatively on Halloween without fear of judgment is part of the beauty of the holiday. Temporarily transforming into someone else makes it easy for us to check our inhibitions at the door; something we do too infrequently on the other 364 days of the year. With its magical combination of alcohol, bare flesh and a boisterous sense of camaraderie, Halloween is basically Sex Christmas.

"Everyone wants to be

sexy," says Yoann Hurlault, who works at Seduction Love Boutique in Toronto. "You don't have to be ugly for Halloween, right?"

Boosting their usual inventory of boas, hosiery, fetish gear and sex toys is a full wall of Halloween costumes. Hurlault shows off a few of his favourites, including the classic sexy nurse, a frilly French Maid and a female Indiana Jones onesie with the approximate dimensions of a Hooters Girl uniform.

"Many of our costumes are inspired by successful movies, like *Harry Potter* or *Pirates of the Caribbean*," Hurlault says. "It allows people

to become those heroes for a night."

No wonder Halloween parties are hook-up central. There's something oddly freeing about dressing up as someone else for one night — especially if it's a character whose personality traits one can appropriate.

This allows people to act more boldly than they normally would. If you're chatting up a hot German beer wench at a Halloween party and she walks away, no biggie. *Fräulein* didn't reject you. She rejected Superman!

If you're a wallflower who normally tucks themselves into a comfortable sphere of familiarity at social gatherings, Halloween is an ex-

An Amy Winehouse costume.



#### On the web

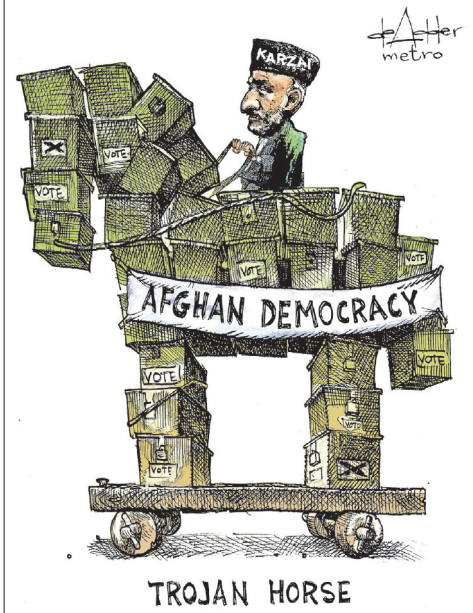
For more views on relating, go to Love Bytes at [metronews.ca/bytes](http://metronews.ca/bytes)

ception. Costumes are instant conversation starters and strangers are much more likely to interact at bars, parties and even on the street when they have a visual common bond ("Hey, you like *Twilight*? I like *Twilight*! Let's make out!").

If you want to look seductive but are worried that you'll be one of a dozen black cats on the prowl at the party you're attending, you can always put your own spin on sexy. My friend Joan once dressed up as Sexy Kim Jong Il. Jezebel.com also has some recommendations, including Sexy Antarctica, Sexy Bottom of Purse Lifesaver and Sexy Bag of Burnt Microwave Popcorn.

Hotness.

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.



TROJAN HORSE

## Worth mentioning

### Decision gives Kuwaiti women more freedom

Kuwait's highest court granted women the right to obtain a passport without their husband's ap-

proval, the case's lawyer said yesterday, in the latest stride for women's rights in this small oil-rich emirate.

Unlike with highly conservative neighbours such as Saudi Arabia, women in Kuwait can vote, serve in parliament and drive — and now can obtain their own passports.

In many countries in the region, women cannot travel or obtain a passport without the consent of their male guardian. Attorney Adel Qurban, whose case the court was ruling on, said the landmark decision "freed" Kuwaiti women from the 1962 law requiring their husband's signature to obtain a passport.

His client, Fatima al-Baghli, is one of thousands of women who have been petitioning courts for this right. The court found the article in the decades-old law "unconstitutional" because it goes against the principal of equal rights for men and women.

THE ASSOCIATED PRESS

#### More can be done

Activist Aisha al-Rsheid hailed Tuesday's ruling, but said females in this traditional male-dominated society were still a long way from the equality promised by the 1962 constitution.

## Views

### Building more opportunities for boys

#### Speaking Out

**Wendy Cukier**

Many of us have spent decades trying to address the barriers to women in education and in business. And in spite of the progress, there is more to be done.

At the same time, the gender gap cuts both ways. Boys are less likely than girls to meet provincial standards in reading. Boys account for the majority of suspensions. And boys are more likely than girls to drop out of high school in Canada (12.2 per cent ver-

sus 7.2 per cent in 2004-05).

On a national level, the social economic status of a school is the strongest predictor of reading performance, followed by the social economic status of the student followed by gender, according to a 2000 OECD study. This suggests that boys, regardless of their background, do better in well-resourced schools, reinforcing the importance of investment in education.

The costs to all Canadians of educational underperformance are immense. In 2004, the unemployment rate among people aged 25 to 44 who did not have a high school diploma was 12.2 per cent, almost twice the rate of high school graduates.

In a bold move announced this week, the

Toronto District School Board's new director Chris Spence announced a strategy that includes a "Male Leadership Academy" for boys as well as male-friendly demonstration classrooms aimed at boosting boys' school performance.

Research by the Canadian Centre for Knowledge Mobilization in B.C. concluded that, overall, studies tend to show that single-sex schools serve girls better than boys. However, the majority of studies examine private schools dominated by students from wealthy well-educated families. We also know there are too few male role models in the early grades.

An excellent teacher can inspire any kid to love Shakespeare, but boys and girls do have different pref-

erences. Same-sex classes in particular subjects allow gender specific content and teaching methods.

Spence is drawing on his previous successes in the development of Boys 2 Men, Project G.O. (Girls Only) and the Read to Succeed Program, which motivates and teaches boys to read. While we should heed cautions against segregating and fragmenting our schools, and we need rigorous evaluation and accountability, we do need to try new approaches to adapt the curriculum, teaching methods and learning environment to the particular needs of boys and girls.

Wendy Cukier is the associate dean of the Ted Rogers School of Management at Ryerson University, and the founder of Ryerson's Diversity Institute.

## We Know What You're Thinking

**49%**

The number of Canadian women who admit to having been dishonest to their husbands about spending.



IPSOS REID

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IN THE PARK



In 1979, the branches of the Business Development Bank of Canada in British Columbia's Lower Fraser Valley pooled their resources to organize business management training sessions over a week called Small Business Week. [bdc.ca](http://bdc.ca)

# Small Business

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

## Youth competition

The Business Development Bank of Canada is sponsoring an Internet-based national Aboriginal Youth Business Plan Competition for aboriginal youth in Grades 10-12. For more, go to [bdc.ca/espirt/en/default.htm](http://bdc.ca/espirt/en/default.htm).

METRO NEWS SERVICES

## Holistic healing

JON TATTRIE  
for Metro Canada

**Selling relaxation can be a stressful business, says Nova Scotia entrepreneur Catherine Whittaker.**

The reiki master and reflexologist started Summerhurst Healing Retreat four years ago as part of a move from working for a medical manufacturer toward offering holistic healing herself.

"I was really up for the challenge. I was just so passionate about what I did; the passion is what pushed me through. Had the logic kicked in, I don't know if I would have gone as far as I did," she says.

Summerhurst ([summerhursthealing.com](http://summerhursthealing.com)) offers full- and half-day "healing packages" at its tranquil rural setting 75 kilometres north of Halifax. Whittaker got it running with the help of a critical start-up financing loan from the Canadian Small Business Financing Program. It started life as Cozy Corner Sauna in Dartmouth, but after two years, Whittaker decided to go in a different direction. She consulted with



Nova Scotia entrepreneur Catherine Whittaker, left, started Summerhurst Healing Retreat, which offers healing packages 75 kilometres north of Halifax, four years ago.



her clients and created her healing getaway.

"I've had months that are like, 'Wow,' and months that are like, 'Oh my heavens, what am I doing?'" she says. "Most business owners will tell you — although they don't want you to print it — that they're doing it because they love it, not because of the money."

Self-employment has big benefits, too.

"You can think outside the box and not be shut you down, but at least you can go ahead and try it," she laughs. "Market research only goes so far: You've got to have a vision and go for it."

Asked what advice she

would have given herself four years ago, Whittaker thinks for a moment before deciding she wouldn't offer a word of warning.

"I learned so much about business and myself," she says. "Yeah, you do take a few extra turns along the road and it takes you much longer to get from point A to point B, but you have so

much return when you get there.

"Had things worked out exactly as I was hoping in my business plan from Day 1, my business would be completely different and I think I would be bored to tears," Whittaker says.

"You have to keep moving and changing in order to grow."

## Take the time to plan when starting up your own business

RAFAEL BRUSILOV  
for Metro Canada

Starting your own business is always challenging, but with a good plan you can set your entrepreneurial dreams on the path to success.

Patrick Latour, a vice-president and area manager at the Business Development Bank of Canada, says the most important thing you can do when starting a

business is research.

"Understand what your unique selling point is," he said. "Who are you competing with, are you creating something brand new or expanding on an already existing idea, and how are you going to get people to buy from you? The best start-ups take the time to plan."

Advice and support is crucial, so don't try to go it alone, says Ted Mallett, vice-president of research

at the Canadian Federation of Independent Business. Find people you trust who can help you fill in the gaps in your knowledge and experience.

"People with the largest networks are more likely to succeed in the long run," Mallett said.

A recession may seem like a scary time to start a business, but if you are good at preparation and planning, it can be a blessing in disguise.

"Recessions tend to weed out businesses that are weaker and those that do make it to the start-up stage during a recession have a better survival rate than ones that start during a normal economy," he said.

Mallett says too many new businesses focus on spending money before they've even begun making it. There's a good reason for the common cliché of the bedroom-boardroom, he says.

"Don't spend your money before you've built a customer base. The vast majority of start-ups happen with a credit card balance — huge start-ups with millions of dollars are rare," Mallett said.

While running your own business can be extremely rewarding, it is usually also much harder and pays less.

Statistics Canada figures show self-employed people typically work about 42 hours each week compared

to an average of 35.5 hours per week for regular employees, and roughly 36 per cent of self-employed people work more than 50 hours per week compared to only five per cent of regular employees.

Comparing weekly earnings, employees working for small businesses (which includes owners) earned only an average of \$617 per week compared to the national average of \$716 per week.

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Looking for an edge in its battle with Apple's seductive iPhone, Research In Motion has updated the high-end BlackBerry Bold, replacing the trackball — which has caused headaches for some users — with a touchpad. The new Bold 9700 was released yesterday. **THE CANADIAN PRESS**

# Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## Invest in technology: Microsoft CEO

**Microsoft Corp. chief executive Steve Ballmer has advice for Canada's businesses: Be careful not to let a battered economy frightened you away from vigorously investing in tech sector innovation.**

Ballmer told business leaders in a speech in Toronto yesterday that the technology industry must be focused on driving growth — and not just cutting costs — even as it deals with revenue declines.

"You cut costs because you have to and the money you have left you invest smartly for growth," the 53-year-old CEO of the software superpower told business executives at the Metro Toronto Convention Centre. "Now is not a time to be conservative, in my opinion, about those topics. Now is the time to

make those bets that will drive innovation, that will drive your growth and growth in the economy."

Ballmer drew parallels between the Great Depression and the current crisis, saying that many successful innovations can be born in economic turmoil.

Since the dot-com bubble burst early in the decade, telecom, software, hardware and other technology companies have cut jobs, streamlined operations or consolidated. Many went out of business as revenues dried up and financing became harder to get.

He added that Canada will find growth through small startup companies, as larger corporations scoop them up and place their stake in certain regions. **THE CANADIAN PRESS**



Microsoft CEO Steve Ballmer talks to Canadian business leaders at an event in Toronto yesterday.

Less credit use for home renos, new poll shows

**HOMES** An Ipsos Reid survey suggests Canadians are less likely to use credit cards to pay for home renovations this year than they were in 2008, with more than three-quarters of respondents expecting to pay cash rather than increase their debt.

The survey, conducted for RBC Royal Bank, finds 76 per cent of respondents plan to pay for their home improvements with cash or savings. That's up from just 70 per cent who said they'd pay in cash last year. Conversely, fewer people say they'd use a credit card to finance their renovation. The number dropped to 24 per cent this year from 32 per cent in 2008.

The survey contacted about 3,000 Canadian home owners in September. **THE CANADIAN PRESS**

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## CRTC allows web traffic throttling under new rules

**WEB** Canada's big telecommunications firms can continue to throttle certain traffic on their Internet networks but will have to follow new and possibly strict rules, the Canadian Radio-television and Telecommunications Commission said yesterday.

In a much-awaited decision, the federal regulator established new conditions for how Internet service providers can manage traffic on their networks, but did not disallow the practice, as some demanded.

"Canada is the first country to develop and implement a comprehensive ap-

proach to Internet traffic management practices," commission chairman Konrad von Finckenstein said in a release.

The decision impacts all providers, including Bell Canada, Rogers and Telus Corp., even though not all have put limits on traffic.

Telus spokesman Michael Hennessy, whose company has not resorted to throttling, said the CRTC did a good job in walking the line between those who want a completely unregulated web environment and the possible need to manage traffic.

**THE CANADIAN PRESS**

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### Business in brief

**PENSIONS** Canadian pensions continued to see growth from their investment holdings in the third quarter, although the improvement was more subdued than in the April-June period, according to RBC Dexia Investor Services. At Sept. 30, pensions tracked had earned 7.2 per cent for the third quarter and 14.3 per cent for the nine months beginning Jan. 1.

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**Women's 200-metre butterfly mark falls**

Olympic champion Liu Zige wiped a stunning 1.6 seconds off the world record in the women's 200-metre butterfly at China's National Games yesterday. Liu was timed in two minutes 1.81 seconds, domestic news agency Xinhua reported, eclipsing the previous world mark of 2:03.41 set by Australian Jessica Schipper. **THE ASSOCIATED PRESS**

**15**

# Sports



## Browns bitten by flu bug

Just when it couldn't get any worse for the woeful Cleveland Browns, it got worse. The team has been sacked by the flu. Yesterday, 12 players missed practice with flu-like symptoms as the team began installing the game plan for Sunday's matchup against the Green Bay Packers. Coach Eric Mangini scaled back the workout in hopes of keeping his healthy players from getting sick. **THE ASSOCIATED PRESS**

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

# Oilers keeping Khabibulin busy

**The good news for the Edmonton Oilers is Nikolai Khabibulin already appears to be in mid-season form. The bad news, with all the rubber the steadfast Russian goaltender has faced, is that he's had to be.**

Fresh from a 39-save performance in a 2-1 win over Vancouver on Monday, the Oilers big free agent signing last summer — Khabibulin inked a four-year deal worth \$15 mil-

lion US — has looked like money in the bank after a so-so pre-season and a tough start to the regular season.

With the Oilers allowing an average of 33.5 shots a game through their first eight outings, Khabibulin's earned every penny.

"I'm not too concerned about the shot total," Khabibulin said. "In the last couple games, from what I see, the guys are working more in sync now.

**"We're not as strong as I'd like to be and intend to be in our defensive zone."**

Oilers head coach Pat Quinn

I think it's probably just a matter of time. We'll keep improving."

Through seven appearances, Khabibulin boasts a 4-2-1 record, a 2.81 goals-against average and a .912 save-percentage. He's managed those numbers despite the Oilers allowing

268 shots through eight games. Only Atlanta and Florida have given up more on average.

"As far as the shots are concerned, I am worried about the differential," said coach Pat Quinn. "Once you get in the 30-range, you're starting to get

where you don't like that.

"We're not as strong as I'd like to be and intend to be in our defensive zone, both in our coverage without the puck or even when we win the puck. We're a little, I don't like the word soft, but we're not assertive in how we're going to get that thing moving in the opposite direction."

The Oilers have given up 30-or-more shots in five of Khabibulin's seven starts and six of eight games

overall — back-up Jeff Deslauriers stopped 40 of 41 shots in a 6-1 win over Nashville.

**THE CANADIAN PRESS**

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Messier honoured for promoting hockey in the U.S.

**NHL** Fifteen years after Mark Messier and Mike Richter led the New York Rangers to an elusive Stanley Cup title, they are still being feted for their efforts.

The latest festivities came last night when they were honoured with the Lester Patrick Award, recognizing contributions of outstanding service to hockey in the United States. The former Rangers were joined by Jim Devellano, who has spent more than four decades in hockey — largely with the Detroit Red Wings — in this year's class.

The award was created in 1966 and is presented annually by the NHL and USA Hockey. **THE ASSOCIATED PRESS**

## MLB playoffs **Phillies win NL pennant**



Philadelphia's Jayson Werth rounds the bases after a seventh inning home run last night against the Los Angeles Dodgers. The Phillies went on to win 10-4 and earned their second straight trip to the World Series. For a complete game recap, visit [metronews.ca/sports](http://metronews.ca/sports)

## Mike Weir looks for return to form at Frys.com Open

**GOLF** The Frys.com Open has camped at Grayhawk Golf Course until its home course in California is ready.

Mike Weir has heard good things about the event's future home at the Institute Golf Course in Morgan Hill, Calif. But after winning the inaugural Frys.com Open in 2007 and finishing in a fourth-place tie last year, Weir is happy the tournament has at least one more year in the

desert.

"You still hate to see it leave here," Weir said yesterday. "I love coming here."

Two years ago, the native of Bright's Grove, Ont., joined dozens of Canadian fans for an impromptu toast outside the media centre after his one-stroke victory over Mark Hensby. Weir celebrated his first tour victory in three years — and he hasn't won since.

**THE ASSOCIATED PRESS**

### Big money

• There's a \$5-million purse, with the winner taking home \$900,000.

## AC Milan, Man U and Chelsea win

**SOCCER** Big-spending Real Madrid slumped to a 3-2 home loss to AC Milan in the Champions League yesterday, while Manchester United and Chelsea registered their third straight wins.

Pato's 88th-minute strike clinched the victory that

saw Milan topple Madrid from the Group C summit following the meeting of the European Cup's two most successful clubs.

Man United beat CSKA Moscow 1-0 and Chelsea coasted to a 4-0 victory over Atletico Madrid.

**THE ASSOCIATED PRESS**

## Sports in brief

**HOCKEY** The Anaheim Ducks recalled goaltender Justin Pogge from the Bakersfield Condors of the ECHL yesterday. The native of Fort McMurray, Alta., made his NHL debut with Toronto last season, going 1-4-1 record with a 4.36 GAA and .844 save percentage in seven

appearances.

**RACING** Five-time rally world champion Sebastien Loeb won't compete in the last Formula One race of the season after motor racing's governing body refused to grant him the proper licence. Loeb had signed a deal with the Toro

Rosso team to drive at Abu Dhabi on Nov. 1.

**RUGBY** The Canadian men's rugby team will play twice in Japan this fall and host Russia in Vancouver Nov. 28. The fall international schedule includes a pair of games Nov. 15 and 21 against Japan,

ranked 14th in the world. Then the No. 13 Canadians welcome No. 16 Russia to

UBC's Thunderbird Stadium the next week. The Canadians have not played since beating the U.S. in July to qualify for the World Cup.

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# Metro Homes



## Before you paint

Home Hardware Stores Limited is calling all virtual decorators to visit the redesigned and interactive Beauti-Tone website, where they can visualize what different paint colours might look like in their home. Check out Home Designer on beauti-tone.ca.

METRO NEWS SERVICES

EDITOR: NINA.DRAGICEVIC@METRONWS.CA

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# Festive with a dash of **freaky**

EMMA YARDLEY  
 for Metro Canada

**Ghost, goblins and ghoulish decorations can turn your place from blah to boo, but keeping your Halloween decor simple can be just as effective.**

"You can decorate in two ways," says Ann Marie Favot, design editor for Style at Home. "The scary Halloween way, with goblins and ghosts, or decorate just with a black and orange theme, nothing creepy."

If you're feeling crafty and you'd like to try the colour theme route, Favot suggests painting jack-o-lantern faces onto pumpkins with watered-down white glue and then sprinkling on black glitter.

"It's a little bit different. Last year, I got little pumpkins and blackened them with acrylic paint. Crafts have come to a whole different level. They're not longer only for people who are crafty but for people who want to do something fun."

By mixing in your own crafty creations with classic fall-themed décor you can stay away from cheesy while still creating that festive feeling.

(Spider with movable legs, above, President's Choice Home. \$8.99, pc.ca.)

1. Let these curious dark metallic crows tea light holders create a mysterious mood. Tag/Candym Enterprises, \$14, 1-800-263-3551.  
 2. Adopt your own pet pumpkin cat by popping one of your



orange orbs onto this whimsical metal frame. Pier 1 Imports, \$18, pier1.com.  
 3. Staub's La Cocotte pumpkin pot is perfect for preparing a seasonal stew while doubling as a stovetop decoration.

Gourmet kitchen retailers across Canada, \$310.  
 4. Pretty as a pumpkin. That's how the saying goes, right? Pumpkin candles: Cinderella, \$42; small, \$35; six votives for \$9. Pottery Barn, potterybarn.ca.

# DIY renos need ample time

## HomeScape

Sylvia Putz

metronews.ca/homescape

A good friend of mine is doing a kitchen renovation in stages to save money, and she's pulling out her hair over it.

She wants it done, but is doing it in bits and pieces, as her cash flow allows. This way, she won't be paying to borrow money from the bank to finance her renovation. She's a sucker for doing things as cheaply as possible, and so is her husband. He would do the work, since he is a very handy fellow, and there's no need to spend money on a contractor, or get a renovation bank loan. Sounds good, right?

Wrong. Life can get in the way, as it often does. Either you pay the bucks to get the whole job done in a reasonable timeframe, or

you save money, wait and live inside a renovation for an extended time. And that applies whether you do it yourself, or whether you hire someone to renovate in stages, according to your cash flow.

You have to ask yourself whether saving money is worth the frustration of living through an extended stage-by-stage renovation. Some say yes, and some say no, and some say yes until they actually live through a long period of disorder and inconvenience, at which time they decide they're in the "no" camp.

If you decide that a stage-by-stage renovation is for you after all, here's one major pitfall you must avoid. You definitely do not want to undertake expensive and frustrating rework. Rework means you'll be paying your contractor to tear down work that has already been finished, in order to remedy a problem that you did not foresee.

Think carefully and plan out in detail what you want to do in totality before you embark on any



Ask yourself: Is saving money worth the frustration?

bits and pieces of renovation work. Only after you think about the whole project should you decide on stages and timing of renovation work.

And when it comes to figuring out costs, be brutally honest with yourself. Avoid tacking on "extras" at the end of a project, because you will pay "extras" dollars for it.

Last but not least, espe-

cially if you do the work yourself, be honest about your time, the likelihood of finishing the work in an acceptable timeframe, as well as whether patience is abundant in your household. It will be needed if you decide to renovate in stages.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show *Arresting Design*; sputz@arrestingdesign.com.



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Andy The-Anh chose to scale back his Toronto LG Fashion Week presentation by opting to showcase his creations in the showroom rather than on the main runway. The decision was driven by dollars. **THE CANADIAN PRESS**

# Style

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

## Hip to be square

Buffalo checks, plaid, tartan: Embrace your inner lumberjack

JANINE FALCON  
for Metro Canada



**The first rule of this season's "plaid" trend is to keep in mind not all squares are the same.**

"Checks are patterns of squares and plaid is a pattern of striped bands, mostly at right angles," explains fashion stylist Peter Papapetrou, who has worked with Hilary Duff, Dragonette, Jilly Black and Javier Bardem. And when it comes to the difference between plaid and tartan, there really isn't one, at least not in North America — plaid is our preferred term. In Scotland, however, tartan denotes the pattern and plaid means a tartan blanket or over-the-shoulder cloth.

We're used to seeing plaid and buffalo checks in casual wear, maybe because of its strong association with folkloric lumberjack giant Paul Bunyan, our logging heritage and the Marlboro guy.

But it's been no stranger to international catwalks over the years (hello, Burberry); most recently it sauntered down runways at Marc by Marc Jacobs, Donna Karan, William Rast, Isaac Mizrahi, Stella McCartney, Balenciaga and more.

At a retail level, it seems we can't have too much of a square thing. Plaid and checks are everywhere, from shirts, to vests, to coats, to scarves, to bags and shoes. And underwear.



Men's American Eagle holiday boxer, \$12.50. Available at ae.com



Doc Marten boots, \$150. Available at softmocc.com.



Men's Quagmire shirt, \$69. Available at quagmiregolf.com.



Esprit coat, \$169.50. Available at Esprit stores.



GAP ruffle vest, \$75. Available at Gap stores.

Roots Little Olivia Canadian Collection purse, \$98. Available at Roots stores.



Smythe red jacket, \$595. Available at smythelessvestes.com.



Men's Converse Chuck Taylor All Stars, \$65. Available at softmocc.com.



Above: Marc Jacobs spring 2010 collection illustrates the recent check trend. At a retail level, it seems we can't have too much of a square thing. Plaid and checks are everywhere, from shirts, to vests, to coats, to scarves, to bags and shoes. And underwear.

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# THE COAT

## Modern impact: Graphic vintage

**ADVICE** When buying a coat this season, go for a textured fabric, such as brushed wool, bouclé, felt or nubby tweed. Try a bold black-and-white print for a fashion-forward look or a streamlined, belted style for a nod to the '60s.

**HOW TO WEAR IT** Choose a classic turtleneck and thick leggings. Complete the look with a pair of platform booties or over-the-knee boots.



BOYISH



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TALL

Wool, Miss Sixty (\$549,  
[info@sixtycanada.com](mailto:info@sixtycanada.com))

PETITE

Wool and nylon, Reitmans  
(\$99, [reitmans.ca](http://reitmans.ca))

SLIM

Polyester and wool, Tristan  
(\$295, [tristanstyle.com](http://tristanstyle.com))

CURVY

Wool and nylon, Jacob  
(\$199, [jacob.ca](http://jacob.ca)). Stylist,  
Véronique Delisle

## FIRST LOOK AT CHOO

On Nov. 14, Jimmy Choo unveils its much-buzzed-about collab with H&M. The 75-piece collection features shoes, of course, plus accessories and clothes. It's a look embodied by Tamara Mellon, the CEO of Jimmy Choo, who shares a few of her fave things with ELLE.

**First love** "I saw a pair of red cowboy boots in a shop window on a school trip. I insisted that my teacher buy them for me." **Wardrobe** "I cherish my vintage designer clothes because they never date." **Icon** "I'd love to get a peek at Bianca Jagger's closet from the '70s!"



### Editors' Pick

## THE NEW ANGEL FACE

Givenchy is on a hot streak. After signing Justin Timberlake for Play, the starstruck brand nabbed brainy and beautiful Uma Thurman to be the face of Ange ou Démon Le Secret (\$78), a soft floral fragrance infused with cranberry and green tea.



### TORONTO FashionWeek

Afiya Francisco



Our style expert judges the runways at [metronews.ca/blogs](http://metronews.ca/blogs)



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Actress Grace Kelly will be honoured today with the Rodeo Drive Walk of Style Award in Beverly Hills, along with French jeweller Cartier. They join past honorees including Manolo Blahnik, Tom Ford, Donatella Versace and Giorgio Armani. **THE ASSOCIATED PRESS**

**Designers honour Kelly**

# Rebels and romantics

Urban gear, ethereal evening wear and boldly coloured cocktail creations rocked the beginning of Toronto's LG Fashion Week



## Bustle

True to form, Bustle embraced its latest inspiration in literal form with a signature print, using a woodland-inspired graphic complete with cardinals perched on trees emblazoned on knitwear and trunks. Rick Mercer brought some added star power to the show as a model donning an all-white shirt and pant combo topped off with a blue-and-white blazer with white lapel trim.

## David Dixon

Dixon's signature collection played with shapes and pattern, featuring bubble silhouettes on lush trenches and dresses to dramatic cowl neck halter creations and more subtle accents from ruching on bodices to floral folds along hemlines and hand applied flowers of sheer fabrics. He shifted gears for his Barbie collection which made ample use of subtle pattern accents, such as peek-a-book polka prints under skirt linings, monochrome on suits, and cotton houndstooth.



DAVID DIXON

THE CANADIAN PRESS

## Jason Meyers

Meyers brought his interpretation of the classics to his contemporary ready-to-wear collection, evoking innocence with fanciful ruffles and bow blouses, and delicate detailing with beaded straps and gathered hemlines adding a hint of whimsy. He didn't shy away from amping the volume with exaggerated ruffled folds on vests and mini dresses, and oversized pocketing on elegant evening creations.



JASON MEYERS

PHOTOS BY KEITH BLATT/TORSTAR NEWS SERVICE

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## Ron White's All Day Heels promise all-day comfort

JANINE FALCON  
for Metro Canada



### Ron White is poised to make a very big shoe name for himself.

With his from-the-ground-up original collection of All Day Heels, the CEO and creative director of Ron White shoes has caught the attention of sexy star Kim Cattrall, as well as Sarah Ferguson, the Duchess of York, and Luciana Barroso, otherwise known as Mrs. Matt Damon. "They've all got All Day Heels on order," he said excitedly in an interview with Metro.

White actually launched his all-day heels concept eight years ago when he opened his first Ron White shop.

Putting an orthotics and biomechanics background to good use, he started a collaboration with designers such as Stuart Weitzman, Donald Pliner and Thierry Rabotin, adjusting some of their fashionable footwear designs to his optimal-comfort specifications. "I'd tweak a shoe's construction for more flexibility in order to reduce leg fatigue, the outsole for improved cushioning, and the heel shape for more stability," he explained. "The body has to work twice as hard to stay steady when the total surface of the heel where it meets the ground is no bigger than a pencil tip."



Ron White  
Savvy tall  
patent leather  
boots, \$345.



Ron White's All Day Heels line features handmade-in-Italy shoes with durable Vibram rubber soles.

Find your  
perfect pair at  
[Ronwhite.ca](http://Ronwhite.ca),  
which ships  
globally



Ron White  
Sidney suede  
boots, \$525.

Initially thought "all-day heels" was an existing category of shoes, like "cross-trainers," and therefore ineligible for trademarking. Most of the handmade-in-Italy collection features durable Vibram rubber soles "as thin as leather but with amazing cushioning," and thin, lightweight insoles made of Poron, a flexible, high-tech elastic polymer developed by NASA.

"It has an air-bubble construction that never com-

pression," gushed White. "After five years of wear, it retains 97 per cent of its cushioning." You won't necessarily see Poron as a separate, Ron White quick-fix insole for ordinary shoes, however. White maintains that all-day comfort has to take everything into account: Design, sole, insole and upper materials, as well as construction. Sounds like a recipe — a recipe for success.

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**Jonesing for a Bridget sequel**

Renee Zellweger is baffled by reports she's preparing to reprise her role as Bridget Jones. She tells Usmagazine.com, "I get asked (about) that every single day and I don't know anything." **FEMALEFIRST.CO.UK**

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# Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

**Together again**

Justin Timberlake flew to Vancouver to see Jessica Biel to prove he still loves her. They were spotted in the city at a screening of *Where the Wild Things Are* on Tuesday night.

FEMALEFIRST.CO.UK

# Perfection of the pop song

The Raveonettes are In and Out of Control

CAM LINDSAY  
for Metro Canada

**"We always set out to write the perfect pop song," confesses Sune Rose Wagner, the male half of Denmark's The Raveonettes.**

Ever since they first appeared seven years ago using vicious degrees of feedback, Wagner and Sharin Foo have remained a vital and dependable source for perfect pop songs.

Beginning with 2002's mini album *Whip It On*, through four full-length albums and last year's series of EPs, on each release the duo have always managed to achieve their goal of reaching pop perfection.

In and Out of Control's lead single *Last Dance* is their finest bid yet. A sickly sweet prom night anthem with soaring harmonies and a candy coating instead of their usual noise-drenched sheen, it sounds like it was lifted right out of *Sixteen Candles*.

**"Each song was treated individually and as we were progressing I felt the need to keep writing and adding songs to make it even more varied."**

Sune Rose Wagner

"Sometimes you succeed and that's the case with *Last Dance*. I think *That Great Love Sound* (from 2003's *Chain Gang of Love*) is a perfect pop song but the production is too harsh to win people over. The production on *Last Dance* is interesting because it melts '60s with '80s and sweetness with dark lyrics. It's a very different kind of pop song."

Actually, the band's fourth album is filled with "very different kinds of pop songs," which Wagner feels reflect the definition of the band.

"The Raveonettes stands for a lot of things," he explains. "Each song was treated individually and as we were progressing I felt the need to keep writing and adding songs to make it even more varied."

Brought to life using layers and layers of distortion, sweet, but deadly boy-girl vocals, driving drum machine rhythms and the odd synthesizer, from the titles alone, the album paints vivid portraits of rebellion, depravity and classic Hollywood romanticism.

"The songs are about my life around me and my thoughts on various subjects such as violence, suicide, love and rape," Wagner explains.

Yes, he said rape. And one look at *In and Out of Control*'s track listing and songs like *D.R.U.G.S.* and *Suicide* pale next to one called *Boys Who Rape (Should All Be Destroyed)*. What's funny is how such a brazen title became one of the catchiest, albeit most uncomfortable jingles of the year.



*In and Out of Control* is the latest album from Denmark's The Raveonettes.

"I've always loathed rapists and think they're the lowest of the low," admits Wagner. "I thought we needed an up-tempo song so I wrote that song

really fast and we made it sound frantic and crazy with the unusual beat. Sharin's voice was perfect for the song because of the sweetness in her voice singing some very con-

frontational words."

Adds Wagner, "I had an idea but people really picked up on it in a big way I must say. I like that, it's a fine song with a clear message."

# Joss Stone touches the soul

**Joss Stone**Album: *Colour Me Free*

Label: EMI

Rating: ⓈⓈⓈⓈⓈ

**JOSS STONE**

**EMERGED** six years ago as almost a novelty act — a barefooted 17-year-old English school girl with a mane of golden hair singing '60s R&B in an Aretha-like voice. Since then we've seen a wave of English retro waifs come and go. On *Colour Me Free*, Joss Stone finally steps out to put them in their place. Comparing Stone to Adele or Duffy is like comparing Gladys Knight to Lulu. It's hard to believe this album was recorded live off the floor at the club Joss's mum owns. It's got a sonic depth that you can reach in and caress, which is something you can usually

only find on old Stax or Muscle Shoals LPs. Yet Stone manages to merge her '60s leanings with more contemporary sounds on songs like *Could Have Been You* and, with the help of rapper Nas, on *Governmentalist*.

Graham Rockingham/for Metro Canada

**Flight of the Conchords**Album: *I Told You I Was Freaky*

Label: Sub Pop/Warner

Rating: ⓈⓈⓈⓈ

**IF ANYONE**

**DESERVED** a Grammy last year it was *Flight of the Conchords*. The comedy duo's hilarious debut disc was easily one of the best records of the year. The followup will still elicit plenty of chuckles, but it falls short of its predecessor. Once again the record is

filled with songs from the band's HBO television show, but overall the tracks don't have the same impact as what they did on season one. Still, the back-and-forth dialogue on *We're In Love With a Sexy Lady*, about a girl with a lazy eye, is fantastic.

Bryan Borzykowski/for Metro Canada

**Ben Gibbard and Jay Farrar**Album: *One Fast Move or I'm Gone: Music from Kerouac's Big Sur*

Label: Atlantic/Warner

Rating: ⓈⓈⓈⓈ

**WHILE DEATH**

**CAB** For Cutie is Ben Gibbard's main project, that doesn't mean the soft-voiced singer can't have a side gig that may be even better than his day job. He did that with the Postal

**MusicReviews**

music@metronews.ca

Service, and now he teams with Jay Farrar of *Son Volt* and Uncle Tupelo fame on this beautiful lilting campfire album. The disc is the soundtrack to the movie *One Fast Move or I'm Gone: Kerouac's Big Sur*. The music is quiet, elegant and haunting while Kerouac's words — the lyrics are taken from *Big Sur* — have been given new life.

Bryan Borzykowski/for Metro Canada

**BackBeat****Mike Benhaim**

Read his music blog at [metronews.ca/backbeat](http://metronews.ca/backbeat)

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**Brad L'Heureux**

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**Tom Zilka**

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Kim Kardashian has just watched her two sisters go through major life changes. So where does that leave the most famous Kardashian? "I always had a vision I'd be married with one kid by the time I'm 30," the 29-year-old tells Life & Style. **POPEATER.COM**

# Freddie Highmore takes off

With Astro Boy role, young actor leads a boldface voiceover cast

NED EHRBAR  
Metro World News

There are less awkward birthdays a person could have than Valentine's Day, but young British actor Freddie Highmore tries to not let it get to him.

"It's all right, actually," he says with a shy smile. "Maybe I'll be wanting a card from that special person, and you just keep getting them from your family, like, 'No, no, where's her card?' But it's been all right so far."

"All right so far" is an understatement when discussing the 17-year-old's film career. After an early start in films like Finding Neverland, Charlie and the Chocolate Factory and August Rush, Highmore's latest has him voicing the title character in Astro Boy, based on the popular, decades-old Japanese comic.

Stepping into such well-known rocket boots was more than a little daunting, Highmore admits: "You want to get it right."

While admittedly not a



Freddie Highmore voices the title character in Astro Boy.

comics fan, Highmore is no stranger to animation work, though he still finds the experience of working alone in a booth a bit odd.

"In the scenes when Astro Boy is flying around, I'd be — well, not flying, but jumping up and down and getting out of breath," Highmore remembers.

"The couple of technicians in there might think you're a little odd, but hopefully the millions of people who see the film will think it's all right in the end."

And though he's starring alongside an impressive list of co-stars, including Bill Nighy, Nicolas Cage and Kristen Bell, he can't exactly say he really worked with them.

"I met Kristen Bell when we came over for Comic Con, and she was very nice. But I hadn't met her until after we finished filming," he says. "But people have said we had great chemistry in the film."

Highmore is no stranger to famous co-stars, having gotten his start alongside

**"I hadn't met (Kristen Bell) until after we finished filming. But people have said we had great chemistry in the film."**

Freddie Highmore

the likes of Johnny Depp and Russell Crowe, and he's done his best to learn from them. "I'm not sure if there's a moment where Johnny Depp sat down and said, 'Try this in life' or whatever. But I think that you just pick up things," he says.

With his 18th birthday a few months away and his profile rising, Highmore is hoping to avoid the usual pitfalls of Young Hollywood. "You see these young kid actors grow up and go off the rails. I haven't been caught up in any of that," he says. "We get such a detached view of it because we're quite a ways away in England."

# Community mines college life for laughs

Chevy Chase, who co-stars in NBC's freshman sitcom Community, is as droll and deadpan in an interview as he was three decades ago delivering the news on Saturday Night Live or in a string of film roles including Caddyshack and Fletch.

Does the new show — about an oddball collection of community college students — summon memories of his Bard College days in New York?

"College? No," Chase says, mischief clearly afoot. "If anything, it brings up my prison stint."

On-camera quips are the work of series creator Dan Harmon and his writing staff, but Harmon knew the actors delivering them would be key. Joel McHale, Alison Brie, Gillian Jacobs, Ken Jeong and Danny Pudi co-star as members of a study group at the fictional Greendale school.

"Casting was 95 per cent of putting the show together," said Harmon. "This is an ensemble comedy. These are the choices that either



The cast of NBC's Community.

make the show or sink it."

Community was inspired by the "emotional punch" of Harmon's experience at Glendale Community College, north of Los Angeles. Enrolling four years ago at age 32 to study Spanish with his girlfriend, he found himself drawn into the lives of fellow students as he helped them with classwork.

In the series, that's the fate of McHale's cocky Jeff, a would-be lawyer. The 66-year-old Chase, playing a man made wise by experience, was an unexpected bonus, Harmon said.

So far, critics have given Community high marks while viewers still are discovering it.

THE ASSOCIATED PRESS

ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
prime time 10/22/09	2	CFRN	239 318	The Vampire Diaries	The Mentalist (HDTV)	CSI: Crime Scene Investg.	Grey's Anatomy (N)	CTV News				
	3	KHQ	- 370	News	Jeopardy! (N)	Wheel-Fortune	The Office (N)	30 Rock	Jay Leno Show			
	4	CBXT	- 307	Wheel-Fortune	Jeopardy! (N)	Doc Zone "Lifelines" (N)	The Border "Killer Debt"	CBC News: The National	The Hour			
	6	KREM	- 372	News	Hollywood	The Doctors (N)	Survivor: Samoa (N)	CSI: Crime Scene Investg.	The Mentalist			
	7	CKEM	241 347	Law & Order: SVU	The Jay Leno Show (N)	90210 "Unmasked" (N)	Community (N)	30 Rock	Your City			
	8	CITY	240 339	ET Canada	90210 "Unmasked" (N)	Survivor: Samoa (N)	Community (N)	The Office (N)	News Hour			
	11	OMNI	-	The Office	Omni News: S. Asian Edition	Omni News: Cantonese Edition	Two/Half Men	The Office (N)	Metropolis			
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	21	BCCN	502 -	CBC News: The National	EarthWatch One	EarthWatch Two	EarthWatch Two	CBC News: The National	CBC News: The National			
	25	TWCN	505 398	(5) EarthWatch One	Chasing the Dream	CTV News	CTV News	CTV News	CTV News			
	27	CNN	500 500	CNN Presents "Latino in America: Chasing the Dream"	CTV News	CTV News	CTV News	CTV News	CTV News			
	54	CNN	501 391	CTV News Tonight	Business News	Commodities	Market Call Tonight	Headline	Commodities			
	70	BNN	504 508	Squeeze Play	Business News	Commodities	Market Call Tonight	Headline	Commodities			
	20	TSN	400 400	NHL Hockey	SportsCentre	That's Hockey!	SportsCentre	Off the Record	2009 World Series of Poker			
	23	net	408 418	Oilers Conn	NHL Hockey Columbus Blue Jackets at Edmonton Oilers (Live)	Score Now	Score Now	Score Now	Score Now			
	47	SPEED	417 406	Jacked!	Wrecked	Wrecked	Pimp My Ride	Pass Time	Pinks - All Out (HDTV)			
	94	SCORE	410 403	(6) College Football Florida State at North Carolina (Live)	Score Now	Score Now	Score Now	Score Now	Score Now			
family	9	EDACC	267 351	Alberta Primetime (Live)	(8:01) Private Practice	FlashForward (HDTV) (N)	Fringe	8 Simple Rules	What I Like			
	14	YTV	552 543	iCarly	Drake & Josh	Family Biz	Malcolm-Mid.	Hates Chris	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!	
	17	TREE	553 546	Little Bear	Maggie-Beast	Babar	Zigby	Max & Ruby	Dragon (DVS)	Futurama	King of the Hill	Go, Diego, Go!
	42	TOON	555 545	Jimmy Two	Bugs Bunny	Gteen: Dude of the	Majority Rules	Majority Rules	Majority Rules	Majority Rules	Majority Rules	
	45	FAM	557 541	Han, Montana	Wizards-Place	Sonny Chance	Zack & Cody	Overruled! (N)	Han, Montana	Wizards-Place	Latest Buzz	Ned's school
	-	TVA	121 714	TVA nouvelles	Le Cercle (SC)	La Fièvre de la danse (SC)	Dieu Merci (HDTV) (N)	Le Cercle (SC)	Le Cercle (SC)	Le Cercle (SC)	Le Cercle (SC)	TVA nouvelles
	18	CMT	575 583	According-Jim	According-Jim	Home Improve.	Home Improve.	Karaoke Star "Finale"	Crime 360 "Payback"	(10:01) The First 48	The First 48	Storytellers
	25	A&E	615 520	The First 48 (HDTV)	The First 48 (HDTV)	Crime 360 "Payback"	The Daily Fix	Family	Unwrapped	Unwrapped	Unwrapped	Big Chef
	29	FOOD	603 561	Big Chef Takes on Little Chef	Ace of Cakes	Ace of Cakes	Da Vinci's City Hall	The Best Years (DVS)	Machines of Malice	Machines of Malice	Machines of Malice	Saving Grace
	31	SHOW	617 522	Trailer Park	Trailer Park	MythBusters	Daily Planet	ET Canada	What Happen?	Biggest Loser Australia	Beauty, Geek	Beauty, Geek
cable variety	32	DISC	520 505	Machines of Malice	X-Weighted "Jill"	Old Christine	Friends	Friends	Grocery Bag	Confidential	Confidential	Dime Design
	33	SLICE	601 562	X-Weighted	Style by Jury	Old Christine	Friends	Friends	Grocery Bag	Confidential	Confidential	Dime Design
	34	W	602 567	House-Sell	Style by Jury	Old Christine	Friends	Friends	Grocery Bag	Confidential	Confidential	Dime Design
	35	TLC	521 560	American Chopper (N)	Heavy Haulers (N)	Heavy Haulers (N)	American Chopper	Law & Order	Deadliest Warrior (HDTV)	MANswers	GameTrailers	UFC 104
	36	BRAVO	520 523	Inertia ** (2001, Comedy-Drama) Jonas Chernick.	TNA Wrestling (HDTV) (N)	The Perfect Storm *** (2000, Suspense)	The Perfect Storm *** (2000, Suspense)	George Clooney.	M*A*S*H	M*A*S*H	M*A*S*H	Discoveries
	38	SPEK	528 584	(6) The Perfect Storm *** (2000, Suspense)	Life After People (N)	History's Secrets (HDTV)	History's Secrets (HDTV)	Star Trek: Next Gener.	Star Trek: Next Gener.	Star Trek: Next Gener.	Star Trek: Next Gener.	Star Trek: Next Gener.
	40	HIST	522 506	Underworld Histories	Air Force	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Hot Box	Hot Box
	41	COM	526 547	Just for Laughs	Eureka (N)	InnerSpace (N)	Stargate SG-1	The Office	Yours, Mine & Ours (2005)	Yours, Mine & Ours (2005)	Yours, Mine & Ours (2005)	Yours, Mine & Ours (2005)
	43	SPACE	527 528	Primeval	The Weather Man ** (2005, Comedy-Drama)	Bounty Hunter	Bounty Hunter	Survivorman	Survivorman	Survivorman	Survivorman	Survivorman
	46	OLN	411 457	Survivorman	Ghost Hunters	Seinfeld	Seinfeld	ET Canada	TV Made, Do It	Family Guy	Dr. Oz Show	Dr. Oz Show
cable variety	48	TROP	619 525	Bob & Doug	Bob & Doug	Seinfeld	Seinfeld	ET Canada	TV Made, Do It	Family Guy	Dr. Oz Show	Dr. Oz Show
	50	STAR	621 527	The View (HDTV) (N)	The Dr. Oz Show (N)	TMZ	etalk	Hollywood	Extra	Dr. Oz Show	Dr. Oz Show	Dr. Oz Show
	52	HGTV	600 586	Renovation	Disaster DIY	Renovation	Disaster DIY	Renovation	Disaster DIY	Renovation	Disaster DIY	Renovation
	53	TLN	700 800	La Lince Nella Classe	George Lopez	George Lopez	George Lopez	Raymond	Paid Program	Paid Program	Paid Program	Paid Program
	55	APTN	269 550	Wopos Bay	By the Rapids	Over the Bolts	Lara Croft Tomb Raider: The Cradle of Life ** (2003, Adventure)	Recreat. Eden	The Princess Bride (1987, Adventure)	Fantasy Fact.	Nitro Circus	Gone Too Far
	93	VISION	261 394	Cocoon: The Return ** (1988, Fantasy) Don Ameche, Willford Brimley.	Gone Too Far "Amy"	Love Court	Instant Star	Revue	Question Period	Prime-Politics	Prime-Politics	Prime-Politics
	100	MTV	581 586	Fantasy Fact.	Nitro Circus (N)	Gone Too Far "Amy"	Love Court	Instant Star	Revue	Question Period	Prime-Politics	Prime-Politics
	101	MM	570 580	Dance	Dance	Love Court	Instant Star	Revue	Question Period	Prime-Politics	Prime-Politics	Prime-Politics
	102	CPAC	512 396	(6:30) PrimeTime Politics	Da Vinci's Inquest	Le National	Le National	Psychic Inv.	Encounters	Judging Amy "Lullaby"	Missing	Missing
	103	VIVA	526 507	The Closer (Part 2 of 2)	Da Vinci's Inquest	Le National	Le National	Psychic Inv.	Encounters	Judging Amy "Lullaby"	Missing	Missing
	106	RDI	126 730	Le Téléjournal (SC)	Le National	Le National	Le National	Psychic Inv.	Encounters	Judging Amy "Lullaby"	Missing	Missing
	161	SUPER		Five Fingers (2006, Suspense)	JCVD (2008, Comedy), François Damien	JCVD (2008, Comedy), François Damien	JCVD (2008, Comedy), François Damien	JCVD (2008, Comedy), François Damien	JCVD (2008, Comedy), François Damien	JCVD (2008, Comedy), François Damien	JCVD (2008, Comedy), François Damien	JCVD (2008, Comedy), François Damien

## critics'corner

### Buffy the Vampire Slayer

Valley girl-turned-bloodsucker nemesis Buffy Summers first saw the light of day in this 1992 comedy-horror movie starring Kristy Swanson, Donald Sutherland and Luke Perry, but it's little more than a very rough draft for screenwriter Joss Whedon, who would polish his material into the critically acclaimed TV series with Sarah Michelle Gellar not long afterward. This film, however, suffers from jarring shifts of tone, making it little more than a curio for "Buffy" fans. 11 PM on TOON



### Cocoon: The Return

It's not quite up to the quality of the original "Cocoon," but this 1988 sequel isn't without its charms. Willford Brimley, Don Ameche, Hume Cronyn, Jessica Tandy, Maureen Stapleton and Gwen Verdon return as the seniors who left Earth for eternal youth on the planet Antares at the end of the first film. They tag along when an Antarean crew visits Earth to rescue an endangered cocoon ... and wonder whether it's worth it to go back. 7 PM on VISION

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**Urban Foodie**

★★★★ INSPIRED; ★★★★★ VERY GOOD; ★★★ PALATABLE; ★★ HO-HUM; ★ NEVER AGAIN

# Plenty to keep this Homefire burning

**CHRISTOPHER THRALL**  
EdmontonUrbanFoodie@gmail.com

**Homefire Grill**  
18210 100 Avenue  
780-489-8086  
homefiregrill.ca

**Signature Drink:**

Long Beach Iced Tea  
(\$6.50)

**Signature Dish:**

Lamb (or Bison) Burger  
(\$15)

**Rating:** ★★★★★

**Dinner & drinks for 2:** \$60

I lounged comfortably in front of the huge fireplace in the middle of Homefire Grill as I awaited my basket of bannock (\$7). Moisture beaded on the side of my Long Beach Iced Tea (\$6.50), made with Sprite and cranberry instead of Coke and bitters: the drink was both far redder and more refreshing than its Long Island sibling.

The restaurant was dark, homey and subtly infused with First Nations style. The menu is stacked with

**On the web**

- Get recipes and more great food content at [metronews.ca/recipes](http://metronews.ca/recipes)

West Coast favourites and unobtrusive hints of contemporary Aboriginal cuisine.

After a quick visit from my sweet server, I alternated mouth-stretching bites of cheesy lamb burger (\$15) with tastes of dense bannock bread and sweet

maple butter. I found the bannock a little dry, and the Saskatoon relish kept luring me back to that phenomenal burger on its hefty bun.

Unfortunately, the brand new sweet potato cheese-cake (\$9) was undercooked, but its flavour of Yuletide candied yams was delightful.

Now, outstanding food, service, value and décor are important to me.

However, Homefire Grill is also owned by the Alber-



Cheesy lamb burger (\$15)

ta Indian Investment Corporation, which invests in First Nations entrepreneurs. How convenient is

that? Each fantastic, inexpensive meal is also an expression of cultural support!

## Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Check out [metronews.ca/globalpeasant](http://metronews.ca/globalpeasant) for Diane's barley risotto with green peas and basil.



## Dining out

**BIBO**

Love wine? Love BiBO. The ten-seat Mill Creek wine bar is officially the smallest in Canada, with a wine list of approximately fifteen reds and thirteen whites that are rotated weekly. Sample sparkling wines, champagnes, ports, dessert wines and single malt scotch. 9918 89 Avenue

**BREWSTERS**

Brewsters' fifth Edmonton location in Summerside is opening soon, and what better way to celebrate than to hoist one of their handcrafted ales or lagers? Pair a 20 oz glass of Rig Pig or the Shaunnessy Stout with some classic pub fare or exotic butter chicken. [brewsters.ca](http://brewsters.ca)

**In brief**

**LUNCHEON** Today from noon until 1:30 p.m., Edmonton's Food Bank will host the annual Harvest Luncheon. Join supporters, volunteers, and friends for \$35 per person or \$300 for a table of 10. The event will include lunch, a live auction, and comedian/magician Sean Baptiste. If you can't make it, check out the Expressions of Hunger photo and literary contest at [edmontonsfoodbank.com](http://edmontonsfoodbank.com).

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For tickets and theatre information visit:  
[www.thisisit-movie.com](http://www.thisisit-movie.com)





Hogan had a death wish

Hulk Hogan thought about killing himself when his marriage ended. The legendary wrestler got as far as picking up a gun to shoot himself when wife Linda Bollea filed for divorce he reveals in a new book. **FEMALEFIRST.CO.UK**

## Celebrity Buzz

## Relationship thorn in Rosie household

**WORKING ON ISSUES** Rosie O'Donnell has confirmed that she and partner Kelli Carpenter are on the rocks, [usmagazine.com](http://usmagazine.com) reports. In a new interview with USA Today, she says, "We're a family. We will remain a family forever. And we are working on our issues."

The 47-year-old O'Donnell — who has been suggesting a split on her blog — wouldn't

confirm a National Enquirer report that Carpenter, 42, has moved out of their Nyack, NY, home and into Manhattan. (USA Today notes that Carpenter was not at the house during the interview.)

O'Donnell noted that the well-being of their four children — Parker, 14, Chelsea, 12, and Blake, 9, and Vivienne (Vivi), 6 — is top priority.

METRO NEWS SERVICES



## Brit's romance with agent mom-approved

**HE'S THE ONE** After a rocky romance with paparazzo Adnan Ghalib and a devastating marriage to Kevin Federline, Britney Spears has found love with agent Jason Trawick — and her mother, Lynne, thinks he is The One, *Us Weekly* reports in its latest issue.

Lynne said, "He's the kind of man you would dream of your daughter marrying. The kids

love him, and he's stable," a friend tells *Us Weekly*. Trawick, 37, stood by Spears, 27, during her darkest moments (she was involuntarily committed twice to a psychiatric hospital in 2008 and

lost custody of sons Sean, 4, and Jayden, 3, the year before).

"Most everyone else abandoned her, but Jason refused to be completely cut out of Britney's life," says a source.

Besides his quick wit and ability to make her laugh in any situation, sources tell *Us* Trawick accepts Spears — drama and all.

"She has been honest with Jason about what she's been through in a way that I don't think she's been with other people," says a pal. **METRO NEWS SERVICES**



## Kristen, Robert shack up in hotel?

**SUITE TALK** *Twilight* co-stars Kristen Stewart and Robert Pattinson are reportedly living together while in Vancouver to film the latest in the popular franchise.

According to *More* magazine, the pair has rented out an entire floor of the Sheraton Wall Centre Hotel — with each suite run-

ning \$850 a night — in order to maintain their privacy.

"They have two rooms joined by a door," a source says.

"They use a third suite on the floor to listen to music or watch *Bluray* movies on a large, flat screen, when they stay in after a day's shooting or on weekends." **METRO WORLD NEWS**



## Lilo's situation 'tragic': Pal

**CONCERNED** It's not just Lindsay Lohan's parents that are worried about the troubled starlet. Her friends are speaking out, too. "The situation with Lindsay is absolutely

tragic, uncontrollable — and it's only getting worse," a pal says. "She's living in her own crazy world and she won't listen to anyone." **METRO WORLD NEWS**



## Madge, Mercy plan culture trip

**MALAWI CALLING** Madonna is reportedly heading back to Malawi with adopted daughter Mercy so that she can spend some time getting to know her native culture — and her biological father, James Kambewa, according to the *Mirror*.

"She realizes her kids

need a sense of home and she's determined to do all she can to give that to them," a source says.

"She doesn't want to deny Mercy anything in life — and that includes meeting her dad if that's possible." **METRO WORLD NEWS**



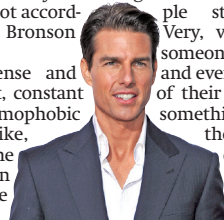
## Blast from Cruise's past

**ONE FROM A CO-STAR** It turns out Tom Cruise wasn't making a lot of friends way back when on the set of his breakout film *Risky Business*, at least not according to co-star Bronson Pinchot.

"He was tense and made constant, constant unrelated homophobic comments, like, 'You want some ice cream, in case there are

no gay people there?'" Pinchot tells the *AV Club*. "There was no basis for it. It was like, 'It's a nice day, I'm glad there are no gay people standing here.'"

Very, very strange. If someone's 20 years old and every third line out of their mouth is anti-something specific, then draw your own conclusion." **METRO WORLD NEWS**



## Pratt blames it on Hollywood

**PARTY PROBLEM** Spencer Pratt — whose sister Stephanie was arrested for DUI Oct. 18 — admits it's easy to get caught up in the wild Hollywood lifestyle, *usmagazine.com* reports. "I mean, I've had problems with drinking in Hollywood, but who doesn't?" Pratt tells MTV News.

He says when you're having fun, it's hard

to realize that there's anything wrong. It also doesn't help when club promoters and bar-goers are "giving you unlimited high-end alcohol," he says.

"If you're out at a club every night having drinks, then you're drinking every night of the week," he says. **METRO WORLD NEWS**



## Celebrity tweets

**LL Cool J** isn't going to let the cold weather keep him down, **Stephen Fry** isn't ashamed of his musical preferences, and **Katy Perry** knows what she wants for her birthday.

• **@llcoolj** In the depth of winter I finally learned that there was in me an invincible summer.

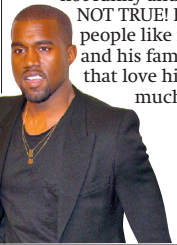
• **@stephenfry** I suppose I'd sound such an arse if I admitted that I was unreasonably cheered up by Karen Carpenter's singing this am. But I was. So there.

• **@katyperry** Maybe I'll get lucky this week & get a birthday shout out from a shakey's pizza sign. Always wanted one of them. That's Katy with a Y pls :)



## RIP Kanye West tweets laid to rest

**ALIVE AND WELL** "RIP Kanye West" was still the top trending topic on the micro-blogging site Twitter hours after someone made up an unscrupulous rumour that Kanye West died in a car crash. The Kanye West Dead hoax was also the top Google search in the U.S. early yesterday morning. West's girlfriend Amber Rose put rumours to rest saying the rapper is alive and well, writing on Twitter: "This 'RIP KanyeWest' topic is not funny and its NOT TRUE! He has people like myself and his family that love him very much."



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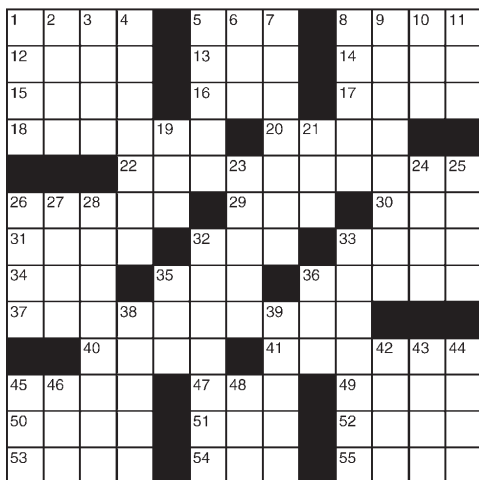
Canadian Blood Services  
it's in you to giveFor more information visit [www.blood.ca/give](http://www.blood.ca/give)

BLOOD.CA WWW.BLOOD.CA WWW.BLOOD.CA WWW.BLOOD.CA 1 888 2 DONATE



**Michele McDougall, Weather Specialist & Host - Breakfast Television**

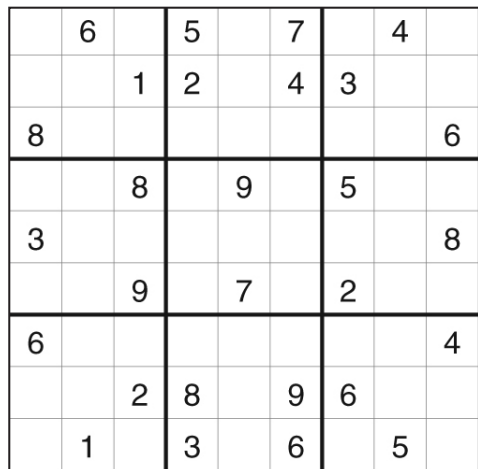
"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes!" **WEEKDAYS AT 6 A.M.**



## Sudoku

For more/less challenging Sudoku puzzles, visit [metronews.ca](http://metronews.ca)

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



## ACROSS

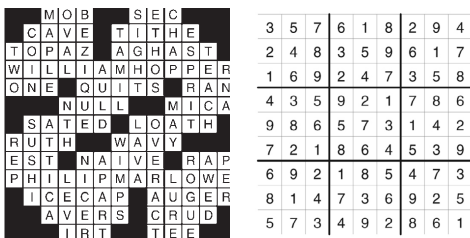
- 1 Boutique
- 5 Suitcase
- 8 Unuttered "alas"
- 12 Lawrence Berra
- 13 Id counterpart
- 14 Dangling site
- 15 Dealer's foe
- 16 Scarlet
- 17 Misfortunes
- 18 Nativity setup
- 20 Get steamed up
- 22 E.T.'s venue
- 26 Grown-up
- 29 Churchill's gesture
- 30 Needle-fish
- 31 "And — bed": Peppys
- 32 Plaything
- 33 Mine, in part
- 34 Dead heat
- 35 Stir-fry pan
- 36 Clumsy
- 37 Nirvana, maybe
- 40 "Simon —"
- 41 Method
- 45 Use a wooden spoon

- 47 Vanna's cohort
- 49 Matador's foe
- 50 War, to Gen. Sherman
- 51 Altar affirmative
- 52 Once more, in the Ozarks
- 53 Simple
- 54 Neither mate
- 55 Poolroom triangle

## DOWN

- 1 Harmonization
- 2 Frost
- 3 Shrek is one
- 4 Small flute
- 5 Jaunty chapeau
- 6 Time of your life?
- 7 Arthur of old TV
- 8 Cut corners
- 9 Collaborating (with)
- 10 Hairspray alternative
- 11 Guys
- 19 Shack
- 21 Exploit
- 23 Bring out
- 24 Kvetch
- 25 Formerly, formerly
- 26 Italian wine region
- 27 Slay
- 28 Knife and fork, e.g.
- 32 Tennis tactic
- 33 Low-rated, as a hotel or a movie
- 35 Distort
- 36 Unfriendly
- 38 Way before deadline
- 39 Nancy, the first woman in Parliament
- 42 Frat-party garb
- 43 Idle of Monty Python
- 44 Tony Shalhoub series
- 45 The woman
- 46 Afternoon affair
- 48 Commotion

## PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

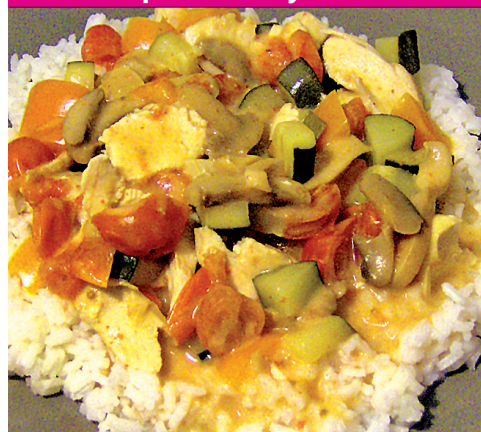


## On the web

For more games and 60 additional daily cartoon strips, visit [metronews.ca](http://metronews.ca)



## Metro Recipe of the Day



## Coconut Red Curry Chicken with Tomatoes

Submitted by Maria Nickel, Winnipeg

### INGREDIENTS:

- 1 can (14 oz) coconut milk
- 1-2 tbsp brown sugar
- 1/2 cup of chicken or beef stock
- 1 tsp red curry paste (you can use more if you want the dish to be spicier)
- 2 tbsp fish sauce
- 1 pint of grape tomatoes, halved
- 1 can mushroom stems and pieces with juice
- 1 zucchini (medium size) chopped into small pieces
- 1 orange pepper (optional; you can also use red or yellow, medium sized)
- 3 chicken breasts, cut into 1/2-inch slices
- 2 tbsp cornstarch mixed with 4-6 tbsp. of cold water
- 2 cups of jasmine rice

### PREPARATION:

1. In a two-quart saucepan, add the coconut milk, red

curry paste, chicken stock, sugar, fish sauce and tomatoes and simmer over medium heat for eight minutes, stir constantly.

2. Cook jasmine rice as directed on the package.
3. While coconut mixture is simmering, add the chicken, peppers, mushrooms and zucchini and simmer for another 12 minutes or until the meat is cooked thoroughly.
4. Mix the cornstarch and water together and then add to the pot. Mix until the curry thickens. If it doesn't thicken, add more cornstarch and water to it.
5. Serve over jasmine rice.

### SERVES 4

**PREP TIME: 10 MINUTES**  
**COOK TIME: 35 MINUTES**



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## Horoscopes by Sally Brompton [sallybrompton.com](http://sallybrompton.com)

For Sally's expanded daily and weekend horoscopes, visit [metronews.ca](http://metronews.ca)

**ARIES**  
**MARCH 21-APRIL 20**  
Someone thinks you are the bee's knees and the best thing since sliced bread. And you are. But don't let flattery go to your head.



**TAURUS**  
**APRIL 21-MAY 21**  
There may be many chores you would like to avoid, but you can't, so quit your wishful thinking and get on with them.



**LIBRA**  
**SEPT 23-OCT 23**  
Venus in your sign makes it easy for you to win others around to your way of thinking. That's good because as of tomorrow you may need them.



**SCORPIO**  
**OCT 24-NOV 22**  
The more you ask for this week the more you will get. And the more you get the more you will want.



**GEMINI**  
**MAY 22-JUNE 21**  
Venus, planet of love, is transiting the most passionate area of your chart, so let those you are closest to emotionally know how you really feel.



**CANCER**  
**JUNE 22-JULY 22**  
It will pay for you to be less assertive today. You don't need to prove yourself. You don't need to impress people.



**SAGITTARIUS**  
**NOV 23-DEC 21**  
Now so glum when every cosmic indicator suggests that good things are coming your way?



**CAPRICORN**  
**DEC 22-JAN 20**  
Now is one of those times when even Capricorns must take certain things on trust. That applies especially to your career, an area in which you must move quickly.



**LEO**  
**JULY 23-AUG 23**  
This is a day for enjoying yourself and socializing. Forget about work and money issues — there will be plenty of time to take care of them later.



**AQUARIUS**  
**JAN 21-FEB 18**  
Something will inspire you over the next few days. Something will seize your imagination and make you aware of how much more is possible.



**VIRGO**  
**AUG 24-SEPT 22**  
Family and financial matters are under exceptionally good stars. You will know instinctively what you need to do to put things right.



**PISCES**  
**FEB 19-MARCH 20**  
You need to remind yourself today that most people in the world are just like you. But it may sometimes appear as if certain individuals are unreasonable.



You want to be here.

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Saturday, October 24<sup>th</sup>  
10 am - 2 pm

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